

Message 6

Berlin, Germany, 24 May 1999

Whit Monday Message

Sexuality in itself is not something negative that must be condemned or overcome.

It is only one aspect of life and must, therefore, not dominate one's life.

Sexuality need not be degenerated into an outlet for lust, let it be an expression for love and divine intelligence.

Let there be a middle path – between aimless lust and tormenting asceticism.

Sexuality is a tender flower. It has to be nurtured and cherished. If it is let loose, it is stupid dissipation of energy and to suppress it brutally is to destroy something delicate and beautiful. Let it discover itself and unfold – neither denying it, nor succumbing to it.

To love is the greatest thing of all, for in it there is the complete abandonment of oneself.

To love is to be aware of eternity. Love is the excellence of intelligence. To love is to be in 'no-mind'.